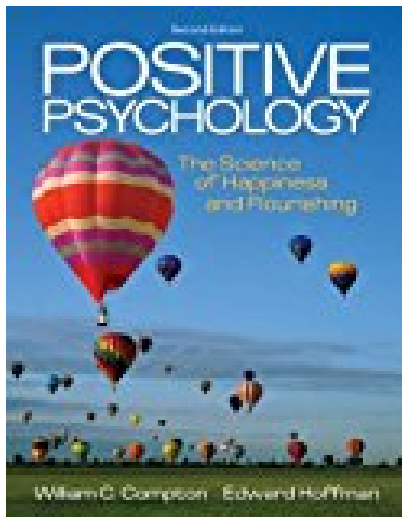


# Positive Psychology The Science of Happiness and Flourishing PSY 255 Health Psychology

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## BOOK DETAILS

- Author : William C. Compton
- Pages : 400 Pages
- Publisher : Wadsworth Publishing
- Language : English
- ISBN : 1111834121



## **BOOK SYNOPSIS**

This brief paperback presents in-depth coverage of the relatively new area of positive psychology. Topically organized, it looks at how positive psychology relates to stresses and health within such traditional research areas as developmental, clinical, personality, motivational, social, and behavioral psychology. The text is a perfect supplement for Introductory Psychology, Psychology of Adjustment, Health Psychology, or Social Psychology courses. It can also be used as a primary text in upper-level courses, such as the Psychology of Happiness. Important Notice: Media content referenced within the product description or the product text may not be available in the ebook version.

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